VEIN & VASCULAR SPECIALISTS
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Varicose Vein Consult & Next Steps

- If you have not already had a physiologic ultrasound, then one will be ordered. This study will help determine the source of your vein symptoms. Varicose veins are veins which have improperly functioning valves; this allows the blood to not be pumped back to the heart causing swelling, itching and/or discolored skin, and may even cause ulcers. If your veins have improperly functioning valves, this is called reflux and you are probably a candidate for Endovenous Laser Ablation Therapy. If so, we will submit information to your insurance company for approval of the procedure.
- You will be given a prescription for medical grade pantyhose as well as a list of providers that will measure and fit you for your hose.
- You will be notified if your insurance approves or denies the procedure. There are times when insurance requires additional documentation. The preauthorization process can take up to 4 weeks to complete.
- Your insurance company may require you to wear medical grade compression pantyhose to improve your circulation for several weeks or even months.
- When your procedure is approved, we will contact you to schedule. The procedure is done at our Dublin office location at:

  Vein & Vascular Specialists
  6740 Perimeter Dr, Suite 200, Dublin, OH 43016

- Most insurance providers do not pay for the cost of the pantyhose; however, you MUST have them on the day of your procedure. If you do not, your procedure will be cancelled.
- During the procedure or prior to it, you may receive medications to help you relax. Because of this, you will need to have a driver to take you home. Additionally, you may not eat solid foods for 6 hours prior to your procedure. You may have clear liquids (black coffee, tea, water) up to 2 hours before your procedure. If you have an afternoon procedure, please have a light breakfast, i.e. tea and dry toast.
- After the procedure your physician will have you follow-up with an Ultrasound and office visit to check your progress.
- You will receive a phone call from a nurse approximately one week prior to your procedure to ensure your understanding of what is expected of you. You are always welcome to call with any questions at (740)201-0231.
- If you are not a candidate for EVLT, you may wish to have injections called sclerotherapy to improve the appearance. This is often not covered by insurance and is considered cosmetic. You will need compression pantyhose for this procedure, as well.